

SAMPLE POLICY

Cognitive Functional Age Assessment/Person Centered Intervention Policy

Purpose: To establish a baseline cognitive functional assessment and conversational/ social assessment to assist with directing care of residents with any form of memory loss/impairment. To treat each resident as an individual person by utilizing an approach to work with the individual's remaining ability. To stimulate remaining brain power thus enhancing the residents' sense of control, boosting confidence, and their self-worth. To further provide concrete objective data to other pertinent healthcare providers and families.

Process:

1. Certified staff will administer the Reality Comprehensive Clock Assessment (RCCT). This will determine their cognitive functional age, global deterioration age, potential deficits, and visual spatial awareness.
2. The RCCT will be administered upon admission or referral when the BIMS is less than 13 or if the resident is unable to perform the BIMS assessment.
3. The RCCT results will then be shared with family, and any healthcare professional interacting with the resident. That includes, but not limited to; the resident's physician, nurse, nursing assistant, and other pertinent care team members.
4. The RCCT results will be reflected on the residents' plan of care, and direct the plan of care and interventions (interventions to be selected based on abilities and strengths).
5. Based on the RCCT results, the resident may be invited to participate in activity programs, including *The Gift Of Purpose*, at the level in which they can best succeed
6. During the assessment process, a staff member will assure conversational/ social assessment is completed using the "I was Thinking" book and with family's assistance.
7. Staff will communicate to other pertinent staff members using the social/ conversational tips from the assessment ("I was Thinking" book).
8. Activity Director or designee will assess progress in the brain exercise program quarterly and PRN

SAMPLE POLICY

9. If the resident BIMS score is 13 or lower, or if the resident is unable to perform the BIMS assessment, the RCCT will be completed by a certified staff member, quarterly and with significant changes
10. In addition, staff will utilize this information gained to educate family on successful conversation topic selection.